

Financial Statements

December 31, 2022

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Independent Accountants' Review Report

To the Board of Directors of Movemeant Foundation

We have reviewed the accompanying financial statements of Movemeant Foundation (the Foundation) (a nonprofit organization), which comprise the statement of financial position as of December 31, 2022, and the related statements of activities, functional expenses and cash flows for the year then ended and the related notes to the financial statements. A review includes primarily applying analytical procedures to management's financial data and making inquiries of management. A review is substantially less in scope than an audit, the objective of which is the expression of an opinion regarding the financial statements as a whole. Accordingly, we do not express such an opinion.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement whether due to fraud or error.

Accountants' Responsibility

Our responsibility is to conduct the review engagement in accordance with Statements on Standards for Accounting and Review Services promulgated by the Accounting and Review Services Committee of the American Institute of Certified Public Accountants. Those standards require us to perform procedures to obtain limited assurance as a basis for reporting whether we are aware of any material modifications that should be made to the financial statements for them to be in accordance with accounting principles generally accepted in the United States of America. We believe that the results of our procedures provide a reasonable basis for our conclusion.

We are required to be independent of the Foundation and to meet our other ethical responsibilities, in accordance with the relevant ethical requirements related to our reviews.

Accountant's Conclusion

Based on our review, we are not aware of any material modifications that should be made to the accompanying financial statements in order for them to be in accordance with accounting principles generally accepted in the United States of America.

San Francisco, California November 8. 2023

Baker Tilly US, LLP

Statements of Financial Position December 31, 2022

Assets

Cash	\$ 29	5,929
Total assets	\$ 29	5,929
Net Assets		
Without Donor Restrictions	\$ 29	5,929
Total net assets	_\$ 29	5,929

Statement of Activities

Year Ended December 31, 2022

	Without Donor Restrictions
Revenue	
Contributions	\$ 93,073
Total revenue	93,073
Expenses Program services Management and general	27,500 159,111
Total expenses	186,611
Change in net assets	(93,538)
Net Assets, Beginning	389,467
Net Assets, Ending	\$ 295,929

Statement of Functional Expenses Year Ended December 31, 2022

	rogram ervices	nagement d General	 Total
Grants to others	\$ 27,500	\$ -	\$ 27,500
Professional fees	-	130,719	130,719
Office expense	-	11,820	11,820
Other	-	9,944	9,944
Insurance	-	2,544	2,544
Travel	-	1,762	1,762
Membership dues and fees	-	1,639	1,639
Advertising and promotion	 	 683	683
Total	\$ 27,500	\$ 159,111	\$ 186,611

Statement of Cash Flows	
Year Ended December 31, 2022	
Cash Flows From Operating Activities	
Change in net assets	\$ (93,538)
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Net cash used in operating activities	(93,538)
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Net increase in cash	(93,538)
Cash, Beginning	 389,467
Cash, Ending	\$ 295,929

Notes to Financial Statements December 31, 2022

1. Description of Operations and Summary of Significant Accounting Policies

Description of Operations

Movemeant Foundation (the Foundation) is a Delaware nonprofit organization established in 2012 committed to making fitness accessible, fun and empowering while shifting the conversation from weight loss and typical beauty ideals to that of body positivity and supporting one another. Through its programs and events, Movemeant Foundation teaches women and girls that fitness and physical movement is essential to unlocking the values of self-confidence, resiliency, commitment, balance and community.

A summary of the Foundation's significant accounting policies applied in the presentation of the accompanying financial statements follows:

Basis of Accounting

The financial statements have been prepared on an accrual basis of accounting in accordance with U.S. generally accepted accounting principles.

Basis of Presentation

The Foundation reports information regarding its financial position and activities according to two classes of net assets as follows:

- Without Donor Restrictions Net assets not subject to donor-imposed stipulations.
- With Donor Restrictions Net assets subject to donor-imposed stipulations that may or will be met by actions of the Foundation and/or the passage of time. At December 31, 2022, the Organization did not have net assets with donor restrictions.

Use of Estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosures of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting period. Actual results could differ from those estimates.

Cash and Cash Equivalents

The Foundation considers all highly liquid investments with a maturity of three months or less, at the time of purchase to be cash equivalents. At December 31, 2022, the Foundation did not have any cash equivalents.

Grants Payable

Grants to be paid by the Foundation are accrued and recognized as an expense at the time the Foundation unconditionally commits to the grant. At December 31, 2022, there were no grants payable.

Notes to Financial Statements December 31, 2022

Contributions

Contributions are recognized when the donor makes a promise to the Foundation that is, in substance, unconditional. Contributions that are restricted by the donor are reported as increases in net assets without donor restrictions if the restrictions expire (that is, when a stipulated time restriction ends or purpose restriction is accomplished) in the reporting period in which the revenue is recognized. All other donor restricted contributions are reported as increases in net assets with donor restrictions. When a restriction expires, net assets with donor restrictions are reclassified to net assets without donor restrictions and reported in the statement of activities as net assets released from restrictions.

Functional Allocation of Expenses

The costs of providing the Foundation's various programs and other activities have been summarized on a functional basis in the Statement of Activities and Statement of Functional Expenses. Accordingly, certain costs have been allocated among the programs and supporting services benefited based on direct expenses.

Income Taxes

The Foundation is a tax-exempt organization under the provisions of the Internal Revenue Code, Section 501(c)(3), and the California Revenue and Taxation Code, Section 23701(d). Accordingly, no provision for federal and state income taxes has been reflected in these financial statements.

Management evaluated the Foundation's tax positions and concluded that the Foundation had maintained its tax-exempt status and had taken no uncertain tax positions that require adjustment to the financial statements. Therefore, no provision or liability for income taxes has been included in the financial statements.

Subsequent Events

Management has evaluated subsequent events through the date the financial statements are available to be issued November 8, 2023.

2. Liquidity and Availability of Financial Assets

The Foundation's primary source of revenue is contributions. The sources that provide liquidity during the period is cash. General expenditures include program and supporting expenses that are expected to be paid in the subsequent year.

The table below presents financial assets available to fund general operating expenditures within one year at December 31, 2022:

Financial assets available to meet general expenditures within one year

Cash \$ 295,929

Notes to Financial Statements December 31, 2022

3. Concentrations

Credit Risk

Financial instruments that potentially subject the Foundation to concentrations of credit risk consist principally of cash. Such balances with any one institution may, at times, be in excess of federally insured amounts (currently \$250,000 per depositor).

Other

For the year ended December 31, 2022, approximately 89% of contributions was received from two donors.